

#ParaWomen series event **INFORMATION**

If you would like to get involved
with one or all of this series of
events then email...
strongwomen@collegeofparamedics.co.uk

Harewood House 10K



Sunday 17th February
Yorkshire
11:00 AM

**FOREST
WARRIOR**

The Ultimate Obstacle Race

SUNDAY 28TH APRIL 2019

10-12k Forest of Dean

Choose...

WAVE TIME:

11:00

5K



Midlands TOUGH MUDDER 19th May

Once you've signed up to the event create an
Active account to join our team

Team name: ParaWomen

**LONDON TO BRIGHTON
BIKE RIDE**

Sunday 16 June 2019

Together, we ride



Team name: ParaWomen



Bournemouth Pier to Pier Swim

Sunday 14th July 1.4 mile open water swim 10:00 start

